



## Jane Cavanaugh

### Business Coach, Facilitator, Trainer

Jane Cavanaugh is a consultant who provides expertise to solve team communication and collaboration challenges, strengthen leadership, and facilitate strategic thinking at all levels.

#### Experience

Jane has over 20 years of experience training, facilitating, and coaching. Through her coaching work with over 750 mid-level leaders, she brings a deep level of expertise to the unique challenges and opportunities of mid-level leaders as they drive organizational engagement.

Jane helps leaders establish confident, effective leadership presence, increase their influence skills, coach and develop staff, effectively delegate, and focus more strategically. She works with highly successful leaders who want to prepare for promotion, as well as leaders the organization wants to retain, but who face a serious corrective action issue.

Jane is a skilled meeting facilitator who has facilitated hundreds of meetings for businesses and non-profits. She is an engaging master trainer who has trained over 6000 people in numerous leadership and team courses. She is able to become a 'virtual team member' in small businesses, providing affordable "as needed" expertise for leaders and teams.

Clients describe Jane as having a great capacity to listen deeply, speak directly and compassionately, and quickly grasp complexities of their business to help them achieve business and career breakthroughs.

#### Achievements

As both an internal and external consultant, Jane has led multiple large-scale change initiatives that set new standards for employee engagement and created company-wide process improvements. In her own practice, Jane created a program called *The Passionate Professional: How to Make Your Ordinary Career Extraordinary*, designed to help professionals reinvigorate or reinvent their careers. She is a co-author of Amazon #1 best-seller *Breakthrough! Inspirational Strategies for an Audaciously Authentic Life*.

#### Education Background

Jane holds a BA in Psychology from UCSC. She is a certified NLP (Neuro Linguistic Programming) Coach and certified NLP Master Practitioner through the NLP & Coaching Institute of California, a certified executive coach through Envision Global Leadership, and an MBTI® Certified Practitioner through CPP.

#### Past and current clients include:

- Actelion
- Adobe
- AMD
- Bank of America
- Chevron
- Cisco
- eBay/PayPal
- Genentech
- HP
- Jacobs Farm/Del Cabo
- Kaiser Permanente
- Level 3 Communications
- MGM Resorts International
- Onyx Pharmaceuticals
- Price Waterhouse Coopers
- Roche
- Salesforce
- Shell
- Sutter Health
- United Airlines
- Xilinx